

Week 9: Phil. 4:2-9
Joy in Anxiety

THE
REBEL'S
GUIDE to JOY

Start by reading Phil. 4:2-9 for an overview of the passage.

Context

Last week we were challenged to live lives that could be imitated. Today, Paul makes it personal by calling two leaders from the Philippian church to put this into practice. Similarly, we are called to resolve our differences so that we can rejoice in Christ and the realign our actions with a life abiding in Jesus.

Resolve

Read verses 4:2-3

What lessons can you take from Euodia and Syntyche?

Why is important to resolve our differences as believers?

What does it mean to agree in the Lord?

How can we have disagree in a way that glorifies Jesus?

Are you prone toward resolving disputes?

What does your answer reveal about the condition of your heart?

Rejoice

Read verse 4:4-6

How does rejoicing in the Lord relate to resolving disputes?

What does it look like to rejoice in the Lord *always*?

How does rejoicing in the Lord affect your state of mind?

How have you seen God answer prayer in your life?

What does it mean to you to align your anxiety with what you know about God?

How does combining supplication with thanksgiving change your prayers?

Realign

Read verse 4:7-9

What is the effect of trusting the promises of God?

Describe a time when you have experienced the peace described in verse 7.

How does that promise change the way you live?

If you are thinking about the things in verse 8 what are you not thinking about?

Where do you need to realign your life with what you have learned from Paul?

Reflection and Prayer

Take time this week to pray for the following:

For peace and unity within the body

For a gospel mindset

The ability to rejoice in the Lord always

Thanks for God's promises and faithfulness